

Catherine M. Goodlake recipe book

Ms. Codex 1986

Finding aid prepared by Donna Brandolisio.

Last updated on May 09, 2019.

University of Pennsylvania, Kislak Center for Special Collections, Rare Books and Manuscripts

February 2019

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Summary Information

Repository	University of Pennsylvania: Kislak Center for Special Collections, Rare Books and Manuscripts
Title	Catherine M. Goodlake recipe book
Call number	Ms. Codex 1986
Date [inclusive]	1874-1901
Extent	1 volume
Language	English
Abstract	A volume of culinary recipes compiled by Cathering M. Goodlake in Swindon, England spanning the years from 1874 to 1901.

Cite as:

Catherine M. Goodlake recipe book, 1874-1901, Ms. Codex 1986, Kislak Center for Special Collections, Rare Books and Manuscripts, University of Pennsylvania

Biography/History

Born Catherine Maud Julian in Swindon, Cheltenham, Gloucestershire, England to Samuel and Georgina M. H. Julian. She had at least one brother named Francis. Catherine Maud married Lieutenant William Henry Gerrard Goodlake of the Royal Navy in May 1876. The couple had two children Thomas Julian born in 1877 and Samuel John Gerrard born in 1878. Lieutenant Goodlake died in Hong Kong in 1878.

Catherine M. Goodlake moved to Victoria, British Columbia, Canada with her son Thomas Julian Goodlake where she died in 1930.

Scope and Contents

A leather bound volume comprised of culinary recipes compiled by Catherine Goodlake spanning the years from 1874 to 1901. Culinary recipes include breads, brines, cakes, cheeses, creams, curries, fruits, marmalades, meat dishes, picklings, puddings, and soups. There are several recipes for puddings including cabinet, baked bread, German, imperial, lemon, plum, soufflé, and Yorkshire. Cakes are also prominent such as citron, griddle, lemon, Madeira, rock, sand, and sponge. Other recipes of note include anchovy artichokes, brandy morello cherries, frosted potatoes, gingerbread nuts, Indian pickle, mince pies, ox tail soup, risotto di Milano, and syllabub. Many recipes are pasted in the volume and a few sent to Goodlake. There are some recipes from newspapers. Two printed recipes are pasted in: Goodlake's receipt for sausages and Goodlake's receipt for blood puddings. Written in pencil on the inside front cover: Catherine Goodlake [M?] Swindon, Cheltenham. Written on the last fly-leaf: receipts.

Administrative Information

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February 2019

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Access Restrictions

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Source of Acquisition

Sold by Ken Spelman Books (York, England), 2018.

Controlled Access Headings

FORM/GENRE(S)

- Codices (bound manuscripts)
- Cookbooks
- Manuscripts, English--19th century
- Recipes

SUBJECT(S)

- Cooking, English--19th century

Collection Inventory

	Volume
Catherine M. Goodlake recipe book, 1874-1901.	1